



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Cereal & toast with fruit each day G Da				
LUNCH MAIN	Sausages with mashed potatoes and beans G	Chicken and sweetcorn pie, with boiled potatoes and seasonal vegetables G Da Ce	Roast lamb with roast potatoes, seasonal vegetables and gravy G	Baked fish with orange and fennel, with sauté potatoes and savoy cabbage F	Macaroni cheese with garlic bread and peas G Da
LUNCH PUDDING	Apple crumble with cream G Da	Fresh fruit platter with yoghurt Da	Coconut rice pudding Da	Poached pears with ice-cream Da	Banana cake with custard G E Da
LUNCH VEGETARIAN MAIN	Quorn sausages with mashed potatoes and beans G E	Quorn chicken pieces and sweetcorn pie, with boiled potatoes and seasonal vegetables G Da Ce E	Quorn savoury mince with roast potatoes, seasonal vegetables and gravy E	Vegetable stew with sauté potatoes and savoy cabbage G Da	Macaroni cheese with garlic bread and peas G Da
SNACK	Melon slices G	Tortilla chips with guacamole G	Cucumber and carrot slices G Da	Spinach scones G Da	Cream cheese with cream crackers G Da
TEA MAIN	Spaghetti on toast G	Cheese scones G Da	Curried parsnip soup Ce	Vegetable chilli Ce	Baked potato with cheese and beans Da
TEA PUDDING Homemade cakes & fruit each day G E Da				

ALLERGEN CODES

- G** Gluten
- E** Egg
- F** Fish
- N** Nuts
- Pn** Peanuts
- Sy** Soya
- Da** Dairy
- Ce** Celery
- Mu** Mustard
- Se** Sesame
- Su** Sulphites
- Lu** Lupin
- Sf** Shell Fish

Fresh drinking water is available to all children throughout the day.
In addition to this, milk will be offered at breakfast and tea time.
At tea time, the children will be offered a selection of sandwiches and bread and butter alongside the main tea option.

*Dietary requirements must be put in writing to the Nursery Director along with any changes.

All of our food is freshly prepared each day and we always offer alternatives for children who are vegetarian or have any other dietary requirements*.

