



Menu 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Cereal & toast with fruit each day G Da				
LUNCH MAIN	Beef and onion cobbler with carrot and swede mash G Da	Toad in the hole with mashed potatoes and peas G E Da	Baked salmon with broccoli cheese and new potatoes G F Da	Sweet potato stir fry with courgette noodles G Se	Roast chicken with roast potatoes, seasonal vegetables and gravy G E
LUNCH PUDDING	Semolina with stewed apples G Da	Cornflake and syrup tart with vanilla yoghurt G Da	Rhubarb crumble with ice-cream G Da	Plum fool Da	Cinnamon and raisin rice pudding Da
LUNCH VEGETARIAN MAIN	Quorn mince and onion cobbler, with carrot and swede mash G Da E	Toad in the hole made with Quorn sausages, with mashed potatoes and peas G E Da	Ratatouille, with broccoli cheese and new potatoes G Da	Sweet potato stir fry with courgette noodles G Se	Quorn chicken pieces, with roast potatoes, seasonal vegetables and gravy E
SNACK	Cucumber and cheese slices Da	Cream crackers with butter G Da	Marmite whirls G Da	Breadsticks with houmous G Se	Fresh fruit G E
TEA MAIN	Root vegetable soup Ce	Cheesy crumpets G Da	Ham, broccoli and G	Wraps with various fillings and houmous G E F Da Se	Chicken goujons G E
TEA PUDDING Homemade cakes & fruit each day G E Da				

ALLERGEN CODES

- G** Gluten
- E** Egg
- F** Fish
- N** Nuts
- Pn** Peanuts
- Sy** Soya
- Da** Dairy
- Ce** Celery
- Mu** Mustard
- Se** Sesame
- Su** Sulphites
- Lu** Lupin
- Sf** Shell Fish

Fresh drinking water is available to all children throughout the day.
In addition to this, milk will be offered at breakfast and tea time.
At tea time, the children will be offered a selection of sandwiches and bread and butter alongside the main tea option.

All of our food is freshly prepared each day and we always offer alternatives for children who are vegetarian or have any other dietary requirements*.

*Dietary requirements must be put in writing to the Nursery Director along with any changes.