



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	..... Cereal & toast with fruit each day ..... G Da				
<b>LUNCH MAIN</b>	Tuna pasta bake with seasonal vegetables and garlic bread G F Da	Chickpea and butternut squash curry, with rice and naan bread G	Chicken and spinach casserole with dumplings and seasonal vegetables G	Roast ham with roast potatoes, seasonal vegetables and gravy	Cottage pie with seasonal vegetables
<b>LUNCH PUDDING</b>	Baked apples with ice-cream Da	Jam and coconut sponge with custard G E Da	Fruit salad and yoghurt Da	Blueberry and oat muffins G E Da	Sliced melon
<b>LUNCH VEGETARIAN MAIN</b>	Cheese and tomato pasta bake, with seasonal vegetables and garlic bread G Da	Chickpea and butternut squash curry, with rice and naan bread G	Quorn chicken pieces and spinach casserole with dumplings and seasonal vegetables G E	Quorn sausages with roast potatoes, seasonal vegetables and gravy G E	Quorn mince cottage pie with seasonal vegetables E
<b>SNACK</b>	Rice cakes with cream cheese Da	Sliced banana	Oatcakes with houmous and cherry tomatoes G Se	Cheese straws G Da	Crackerbread with cheese cubes G Da
<b>TEA MAIN</b>	Pitta bread with a variety of fillings and houmous	Leek and potato soup Ce	Hot dogs G	Roasted vegetable pasta G Ce	Beans on toast G
<b>TEA PUDDING</b>	..... Homemade cakes & fruit each day ..... G E Da				

**ALLERGEN CODES**

- G** Gluten
- E** Egg
- F** Fish
- N** Nuts
- Pn** Peanuts
- Sy** Soya
- Da** Dairy
- Ce** Celery
- Mu** Mustard
- Se** Sesame
- Su** Sulphites
- Lu** Lupin
- Sf** Shell Fish

Fresh drinking water is available to all children throughout the day.  
In addition to this, milk will be offered at breakfast and tea time.  
At tea time, the children will be offered a selection of sandwiches and bread and butter alongside the main tea option.

\*Dietary requirements must be put in writing to the Nursery Director along with any changes.

All of our food is freshly prepared each day and we always offer alternatives for children who are vegetarian or have any other dietary requirements\*.

