



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	..... Cereal & toast with fruit each day ..... G Da				
<b>LUNCH MAIN</b>	Sausages with mashed potatoes and beans  G	Chicken and sweetcorn pie, with boiled potatoes and seasonal vegetables  G Da Ce	Roast lamb with roast potatoes, seasonal vegetables and gravy  G	Baked fish with orange and fennel, with sauté potatoes and savoy cabbage  F	Macaroni cheese with garlic bread and peas  G Da
<b>LUNCH PUDDING</b>	Apple crumble with cream  G Da	Fresh fruit platter with yoghurt  Da	Coconut rice pudding  Da	Poached pears with ice-cream  Da	Banana cake with custard  G E Da
<b>LUNCH VEGETARIAN MAIN</b>	Quorn sausages with mashed potatoes and beans  G E	Quorn chicken pieces and sweetcorn pie, with boiled potatoes and seasonal vegetables  G Da Ce E	Quorn savoury mince with roast potatoes, seasonal vegetables and gravy  E	Vegetable stew with sauté potatoes and savoy cabbage  G Da	Macaroni cheese with garlic bread and peas  G Da
<b>SNACK</b>	Melon slices	Tortilla chips with guacamole  G	Cucumber and carrot slices	Spinach scones  G Da	Cream cheese with cream crackers  G Da
<b>TEA MAIN</b>	Spaghetti on toast  G	Cheese scones  G Da	Curried parsnip soup  Ce	Vegetable chilli  Ce	Baked potato with cheese and beans  Da
<b>TEA PUDDING</b>	..... Homemade cakes & fruit each day ..... G E Da				

**ALLERGEN CODES**

- G** Gluten
- E** Egg
- F** Fish
- N** Nuts
- Pn** Peanuts
- Sy** Soya
- Da** Dairy
- Ce** Celery
- Mu** Mustard
- Se** Sesame
- Su** Sulphites
- Lu** Lupin
- Sf** Shell Fish

Fresh drinking water is available to all children throughout the day.  
In addition to this, milk will be offered at breakfast and tea time.  
At tea time, the children will be offered a selection of sandwiches and bread and butter alongside the main tea option.

All of our food is freshly prepared each day and we always offer alternatives for children who are vegetarian or have any other dietary requirements\*.

\*Dietary requirements must be put in writing to the Nursery Director along with any changes.