



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	..... Cereal & toast with fruit each day ..... G Da				
<b>LUNCH MAIN</b>	Roast beef with roast potatoes, seasonal vegetables and gravy	Lamb chilli, with rice and pitta bread	Butternut squash risotto	Turkey and mushroom penne with garlic bread	Breaded fish, with sweet potato wedges and beans
		G	Ce	G Ce Da	G E F
<b>LUNCH PUDDING</b>	Fruit compote with yoghurt	Spotted dick with ice-cream	Fresh fruit platter with yoghurt	Warm ricotta and raspberry pudding	Brioche bread and butter pudding with custard
	Da	G E Da	Da	G E Da	G E Da
<b>LUNCH VEGETARIAN MAIN</b>	Cauliflower cheese, with roast potatoes, seasonal vegetables and gravy	Quorn mince chilli with rice and pitta bread	Butternut squash risotto	Quorn chicken pieces and mushroom penne with garlic bread	Breaded cheddar bites with sweet potato wedges and beans
	G Da	G E	Ce	G Ce Da E	G E
<b>SNACK</b>	Rice cakes with cream cheese	Banana slices	Oatcakes with houmous and cherry tomatoes	Cheese straws	Crackerbread with cheese cubes
	Da		G Se	G Da	G Da
<b>TEA MAIN</b>	Sausage rolls	Vegetable frittata	Roast potatoes, with bacon, garlic and ..... Da	Spinach scones	Carrot and coriander soup
	G E Mu	E		G Da	Ce
<b>TEA PUDDING</b>	..... Homemade cakes & fruit each day ..... G E Da				

**ALLERGEN CODES**

- G** Gluten
- E** Egg
- F** Fish
- N** Nuts
- Pn** Peanuts
- Sy** Soya
- Da** Dairy
- Ce** Celery
- Mu** Mustard
- Se** Sesame
- Su** Sulphites
- Lu** Lupin
- Sf** Shell Fish

Fresh drinking water is available to all children throughout the day.  
In addition to this, milk will be offered at breakfast and tea time.  
At tea time, the children will be offered a selection of sandwiches and bread and butter alongside the main tea option.

All of our food is freshly prepared each day and we always offer alternatives for children who are vegetarian or have any other dietary requirements\*.

\*Dietary requirements must be put in writing to the Nursery Director along with any changes.